February 20, 2014

SANDY JOHNSON-SHAW - TRACK & FIELD
Record setting female Track star specializing in shot put, discus & javelin (1979-81). Thirty years after leaving DVC still has school record with 44'2.5" in Shot Put with state runner-up finish in 1981. 2nd all-time at DVC in Discus and 4th in Javelin. Also women’s basketball starter for Vikes ('79-'81). DVC female athlete of the year in 1980-81. Earned A.A. degree at DVC ('81) & B.S. from Boise State ('85). Track scholarship to Boise State and finished 2nd at Nationals (1982) with Shot Put of 46'2".

MONICA METCHO-PERKINS - GYMNASTICS
Greatest All-Around female gymnast in school history. Started at age 8 and spent several years training at Diablo Gymnastics school. As a frosh at DVC (1981) finished 3rd at the State Championships in the All-Around competition. In 1982 despite missing most of the regular season with a fractured foot became only female in school history to win State gymnastics All-Around title. Led squad to State runner-up finish. Also won State title in Balance Beam event in 1982.
Ygnacio Valley H.S. grad who eventually earned Bachelor's Degree from CSU-Hayward.

1982 WOMEN’S GYMNASTICS TEAM - STATE RUNNER-UP
Highest finish of any gender Gymnastics team in school history, state runner-up in 1982. It was the 2nd to last season of Gymnastics before it was discontinued at DVC and statewide soon after. Team won the Golden Gate Conference title and then 2nd at State Championships behind state champ, Orange Coast College.
Monica Metcho won the State All-Around title and Kathy McFetridge, Karen Atwater, Mary Miller & Amy Bolz all earned points in different events at the state meet. Head Coach of "Jack's Girls" was Jack Smith.

1989 FOOTBALL TEAM - UNDEFEATED REGULAR SEASON
Won Golden Gate Conference Championship (6-0) and became only undefeated regular season football team in school history (1951 to present), finishing 10-0. Had to beat San Jose City College in final regular season game to win GGC outright and secure an undefeated regular season. Head Coach Ed Hall voted GGC coach of the year. Team then participated in the 2nd ever post-season Sequoia Bowl in Visalia. Finished regular season ranked 1 Nor-Cal, 3 State and 5 in the nation.
PERFECT 10!!
DVC 24 DEANZA 17
DVC 17 DELTA 9
DVC 55 FOOTHILL 28
DVC 24 SAN MATEO 20
DVC 34 CHABOT 24
DVC 44 UC DAVIS JV 27
DVC 27 LANEY 21
DVC 30 SAN FRANCISCO 29
DVC 30 WEST VALLEY 14
DVC 17 SAN JOSE 9

RYAN NOHR - BASEBALL
Record setting baseball slugger in 1998 & 2000. First Team All Bay Valley Conference selection both seasons. After earning all-conference honors in 1998, missed the 1999 season due to injury. Unanimous JC All-American pick in 2000, helping DVC to Super Regional round of state playoffs. In 2000, hit .410 and set All-Time school records with Most Hits (50), RBI (52), Doubles (21) and Total Bases (98) in a Conference season. Also set All-Time overall season record of (30) doubles and is 2nd all-time in a single season (2000) with (70) runs scored, RBI (70), Hits (83) and Total Bases (148).
Drafted by Milwaukee Brewers after 2000 season and played in Brewers minor league system. Named to DVC All Half-Century Baseball team after the 2000 season. Manager of local business, Nohr's Auto Sales in Walnut Creek.