

Counseling

COUNSELING – COUNS

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Possible career opportunities

Diablo Valley College's counseling courses are designed to assist students in identifying educational and career goals, and enhancing their success through instruction in career and educational planning and student success strategies.

COUNS-075 Topics in College Readiness

- .3-4 units P/NP
- *Non degree applicable*
 - *Variable hours*

A supplemental course which provides a variety of topics for students preparing for college-level work. Specific topics will be announced in the schedule of classes.

COUNS-095 Educational Planning

- .3 unit P/NP
- *Non degree applicable*
 - *6 hours lecture per term*
 - *Limitation on enrollment: Students must complete the online orientation and math and English assessments prior to enrolling in this course.*

This course provides an introduction to educational goal setting and course selection. Students will develop a plan to succeed in achieving their educational goal. Topics will include identification of educational and career goals, academic assessment, counseling and advising services.

COUNS-096 Educational Planning for Student-Athletes

- .3 unit P/NP
- *Non degree applicable*
 - *6 hours lecture per term*
 - *Limitation on enrollment: Students must complete the online orientation and math and English assessments prior to enrolling in this course.*

An introduction to college for student-athletes, designed to provide students with a concrete plan for enrolling and succeeding in college. Topics include: overview of the higher education system in California, identification of educational and career goals, strategic use of student services, academic assessment, effective course selection and scheduling, geographical orientation, counseling and advising, NCAA, COA (Commission on Athletics) and DVC regulations as well as campus services for student-athletes will be emphasized.

COUNS-097 Educational Planning for DSS Students

- .3 unit P/NP
- *Non degree applicable*
 - *6 hours lecture per term*
 - *Note: Submit disability documentation to the DSS office in SSC-248 prior to registering for this course. Completion of English and mathematics assessment four days prior to this course will facilitate appropriate course selection.*

This course provides an introduction to college for students with disabilities using course content tailored to meet the unique needs of this population. It will provide students in Disability Support Services (DSS) with a concrete plan for enrolling and succeeding in college. Topics include: an overview of DSS services and accommodations at Diablo Valley College (DVC), an explanation of the differences between high school and college, an overview of general information about certificate, associate degree and transfer pathways, and how to build a student educational plan.

COUNS-100 New Student Success Strategies

- 1 unit SC
- *18 hours lecture per term*

This course introduces new students to information, resources and skills necessary for college success. Topics will include educational opportunities, campus resources, study skills and strategies. The class also provides instruction in educational planning to reach certificate, degree and transfer goals. CSU

COUNS-120 Student Success

- 3 units SC
- *54 hours lecture per term*
 - *Recommended: Eligibility for ENGL-122 or equivalent*

This course presents skills and strategies to succeed as a college student. Topics such as motivation and attitudes, time management, decision-making processes, goal-setting, critical thinking skills, study skills and interpersonal communication will be explored. Students will evaluate their own skills and behaviors in relation to these topics and learn strategies to make meaningful choices about their education, career and personal goals. CSU, UC (credit limits may apply to UC - see counselor)

COUNS-130 Transfer Planning

- 1.5 units SC
- *27 hours lecture per term*
 - *Recommended: Eligibility for ENGL-122 or equivalent*

Through this course students will research, evaluate and develop a transfer plan that is well organized and specific to the individual's life circumstance and educational goals. Students explore the world of transfer from academic, financial, and personal development perspectives. A key component of this course is learning research skills and strategies using a variety of techniques to find, retrieve and evaluate transfer planning information to create a personal education plan. CSU

Counseling

COUNS-150 Topics in Counseling

.3-4 units SC

- *Variable hours*

A supplemental course designed to provide personal and social development skills related to academic issues. Specific topics will be announced in the schedule of classes. CSU

COUNS-155 Topics in Group Counseling

.3-4 units SC

- *Variable hours*

An interpersonal experience designed to develop self-awareness and to increase understanding of and competence in interpersonal relationships. CSU