

**SPRING 2009
AT
DIABLO VALLEY COLLEGE**

**PRE-ARRIVAL
INFORMATION FOR
INTERNATIONAL STUDENTS**



Diablo Valley College
International Students Admission & Services
Student Services Center (SSC) Room 210
321 Golf Club Rd.
Pleasant Hill, CA. 94523
Phone: (925) 685-1230 Ext. 2077/2075/2052/2594
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**DIABLO VALLEY COLLEGE
INTERNATIONAL STUDENT ADMISSIONS & SERVICES
Student Services Center Room 210
321 GOLF CLUB RD.
PLEASANT HILL, CA. 94523**

General Information

Mailing address	Diablo Valley College International Student Admissions & Services 321 Golf Club Rd. Pleasant Hill, CA. 94523
World Wide Web address	www.dvc.edu/isas e-mail: isas@dvc.edu
Office Numbers	(925) 685-1230 Ext 2075 or Ext 2594 or Ext 2052 Or Ext 2077
Supervisor International Student Advisor	Gloria Zarabozo <ul style="list-style-type: none"> ▪ gzaraboz@dvc.edu ▪ Ext: 2075
Student Services Coordinator <i>Advising</i> <i>Housing</i> <i>Insurance</i>	Gena Gruber <ul style="list-style-type: none"> ▪ ggruber@dvc.edu ▪ Ext: 2052
Senior Office Assistant <i>Application Processor</i>	Ligia Morcillo <ul style="list-style-type: none"> ▪ lmorcillo@dvc.edu ▪ Ext: 2594
Office Assistant	Brianna Webb <ul style="list-style-type: none"> ▪ blwebb@dvc.edu ▪ Ext: 2077
Summer office hours	Monday to Thursday 9:00a.m. to 4:30p.m.
Fall and spring office hours	Monday to Thursday 9:00am to 5:00pm Fridays 9:00am to 4:00

IMPORTANT DATES

JANUARY 15	SPRING INSTRUCTION BEGINS
JANUARY 19	MARTIN LUTHER KING JR. BIRTHDAY
FEBRUARY 6	LINCOLN'S BIRTHDAY - HOLIDAY
FEBRUARY 16	WASHINGTON'S BIRTHDAY - HOLIDAY
APRIL 11 – 19	SPRING RECESS
MAY 22	LAST DAY OF INSTRUCTION

Important dates such as add/drop deadlines are listed in the Schedule of Classes which you will receive the mandatory advising sessions. International students **MUST** always check with a DSO (Designated School Official) before dropping below 12 units.

ARRIVAL

Welcome!

We at Diablo Valley College look forward to your arrival in Pleasant Hill. We will assist you as best as we can in getting here and feeling comfortable in your new environment. We hope that this booklet will give you all the necessary information you need before you come to our program. During the Information Session and Assessment, we will give you an International Student Handbook that will have additional information about being an international student in the United States.

GETTING TO PLEASANT HILL FROM THE AIRPORT

There are two major airports nearby, Oakland and San Francisco. Both are near Pleasant Hill, so you can come to the one that is best for you. Airport pick up services are provided by Diablo Valley Homestay an independent contractor. Information is available at www.diablovalleyhomestay.com. Other ways to get from the airport to the place where you are staying include the following:

Airport shuttles are the best idea. These are small vans with fixed prices that often take more than one person. Please refer to the chart in the appendix for information on shuttle services.

Taxis are available, but fares are **high**; sharing the taxi with other passengers can lower the cost

Public transportation is possible, but from either airport this requires you to take a bus (cost \$2.00), the subway (BART cost \$6- \$7), and another bus (cost \$1.00).

INTERNATIONAL STUDENT ADMISSIONS AND SERVICES OFFICE

The International Students Admissions and Services (ISAS) office is where F-1 international students begin the process for being admitted to Diablo Valley College. Once admitted, international students come to the ISAS office to discuss the following issues: immigration status (including dropping below full-time status and transferring), travel requirements, employment benefits, non-home stay housing options, student insurance, and address changes.

INFORMATION SESSION AND ASSESSMENT

In July you will take part in orientation and assessment activities. The International Student Admission and Services (ISAS) office will give you information on Immigration regulations, health insurance and employment. You will then take an assessment to establish what level of English and math is appropriate for you. Lastly you will be given information on your advising session where you will meet advisors who will help you sign up for classes and help you plan your education at Diablo Valley College.

LIVING IN CONTRA COSTA COUNTY

CLIMATE

Located east of San Francisco and farther inland, Pleasant Hill has an average summer temperature of 25 °C and 77 °F. In the summer, it is often cold in the morning and evening, so it is a good idea to dress in layers of clothing that you can put on and take off easily. A T-shirt is usually enough for the afternoon, but you will need a sweatshirt or sweater for the morning. It rains a lot in the winter so if you will be here during that time, bring some good rain clothes and shoes.

HOUSING

The college does not have dormitory facilities. The ISAS will assist students in finding appropriate accommodations. If you are interested in a guaranteed home stay placement for a fee, please see the brochures and applications included with the admit packet. For those students who wish to find something on their own we can assist once they arrive on campus. There are a number of apartment complexes located adjacent to the DVC campus. We have general information regarding these apartments but students must arrange apartment living. Students should arrive early to secure their housing arrangements. A bulletin board listing rooms for rent in nearby houses and apartments is located outside the Associated Students Office. DVC does not investigate, approve or supervise these housing facilities.

MEALS

- On campus Those living more independently or in an apartment will be responsible for their own meals. DVC has a self-service style cafeteria; it is open weekdays and provides hot and cold food and beverages. A snack bar The Crow's Nest next to the science building offers quick snacks for your convenience. The Hotel / Restaurant Management program on campus runs the Basement Café in the Student Union Building; it offers snacks and warm items only for lunch. And the more formal restaurant called the Norseman that is operated by the Hotel/Restaurant Management program on campus also serves fine dining at affordable prices. These four locations provide a variety of foods and costs to meet almost any student's budget.
- Off campus Students will be responsible for their own meals. If you do not want to prepare your own meals, you will find many inexpensive restaurants and cafes serving students in Pleasant Hill.

ADDITIONAL ACADEMIC RESOURCES

LIBRARY

The library provides books, magazines, electronic resources, microfilm, pamphlets, maps and other resources for students. Library staff provides assistance and instruction in using resources. A variety of study areas, including group study rooms, are available. Also available are the following:

- reference assistance whenever the library is open
- a library handbook
- a self-guided walking tour
- bibliographies and study guides

TUTORING

Our tutoring services are decentralized and offered at various locations, such as departments, ongoing labs and our Learning Center. Tutoring can help students succeed in specific courses when they are having difficulty.

ESL Tutoring: Drop-in and regular tutoring are available to help students build the skills needed for success. Other services include college success workshops, short-term classes, and computer-assisted instruction in study skills, reading and writing.

Math lab: Drop-in tutoring for all DVC math courses is available. An instructor and student tutors are there to help with math problems. Lab time is required for some math courses.

Computer Center: The center is equipped with more than 100 IBM computers. Students from many departments use the center to do lab work for their computer science classes. Internet accounts are available for full-time students.

Media Center: The Media Center's collection contains over 8,000 films, video- tapes, foreign language tapes, slide programs and videodiscs. All materials may be viewed by students in the Media Lab for use in their own

research or to make up for a missed viewing in the classroom. Equipment is available for general listening and viewing or other course projects.

ASSOCIATED STUDENTS OFFICE AND INTERNATIONAL STUDENT CLUB

The Associated Students Office, located in the Student Union Building, is best described as a student information and resource center. The staff and students of this office welcome your participation in college activities.

Most of the student activities at DVC are initiated by clubs and student organizations. Over 30 student-clubs help students make new friends, pursue special interests, and gain experience organizing and working with others in social situations. A club handbook and other information about DVC student clubs (including how to start one) are available in the Associated Students Office.

BOOK CENTER

Students may purchase new and used textbooks, general books for recreational reading, back packs, school supplies, PC's and Apple computers, computer software, and personal items at the Book Center. Visa, MasterCard and ATM are accepted.

COUNSELING CENTER

Counselors work with students to help them set goals and design plans for achieving those goals. This includes:

- Information on transfer, A.A. degree, and certificate programs
- The Transfer Center and its resource library
- Career planning and college success courses
- Personal counseling
- Individual and group counseling
- Counseling for international students, vocational rehabilitation, and students

Because course selection is so important and four-year college requirements change so frequently, students should consult with a counselor each term before registering for classes.

DISABLED STUDENT PROGRAMS AND SERVICES

DSS provides instruction and services to individuals with disabilities, which are designed to increase access to college instructional programs.

CHILD CARE

Daytime childcare services make attending classes more convenient for students who have children. You must contact the on-campus day care center to sign your child up for services.

GRADE REPORTS

Each DVC student must check the online Web Advisor to see their grade report. The report indicates your level of class and the letter grade you earned for the course. Letter grades are based on your participation in class, performance on quizzes and tests, and completion of assignments and homework. Fulfillment of these requirements and regular attendance is necessary to receive a passing grade.

TRANSCRIPTS

Complete copy of academic record. Official transcripts for the purpose of transferring or for job purposes must be requested through the admission and records office and a fee is required. You may also request transcripts via fax and pay by credit card. Information is available at <http://www.dvc.edu/admissions/transcripts.htm>

EXPENSES

FEES

The tuition depends on the number of units you take. You must take a minimum of 12 units for fall and spring semester. You can pay by credit card (MasterCard or VISA), personal checks, traveler's checks or money orders payable to "Diablo Valley College." Please avoid bringing cash.

FINANCIAL REQUIREMENTS

The estimated costs for the 2008 – 2009 academic year are as follow:

	\$ 5,278	Tuition and enrollment fees (based on 12 units per semester)
	\$ 11,476	Food and housing (based on home stay)
	\$ 1,000	Books and other educational expenses
	\$ 838	Transportation
	\$ 2,638	Miscellaneous and Personal
	\$ 680	Insurance
TOTAL	\$ 17,434	Approximate cost for academic year
TOTAL	\$ 19,434	Approximate cost for academic year and summer

OTHER EXPENSES

Living and incidental expenses will depend on your personal interests and lifestyle, whether you choose to rent an apartment or share a house, whether or not you have dependents with you in Pleasant Hill, etc. **Social activities** may also require **additional expenses**. Rent, food, and other costs are subject to inflation, and students who cannot meet the minimum estimates given here should not plan to attend the college.

HEALTH INSURANCE

Health insurance is an extra mandatory cost. It is possible to waive the insurance only if you have purchased insurance that is comparable to what DVC offers. You should have received a booklet describing the insurance in detail with your admission packet. However, here are some important points you may want to know before you arrive:

- The **plan does not cover** routine physical examinations, dental care, or a vision care and has a deductible.
- If you have your own health insurance from home, you may be able to "decline" our insurance but you must show proof of your insurance and sign a waiver at the ISAS office.

ISAS does offer optional dental and vision plans that students may purchase through the office.

PREMIUM RATES

	Annual	Fall	Spring + Summer
Student only	\$680	\$279	\$401

If you come with dependents, the prices to insure them are as follows:

Spouse	\$1,846	\$757	\$1089
Child	\$1,237	\$508	\$729

NOTE: Medical insurance premiums are subject to change without notice for the fall/spring semesters. Students pay for each semester individually. It is not possible to pay for the entire year at one time. Please check with the International Students Admissions and Services (ISAS) office for updated premium fees and the new insurance brochures upon your arrival to DVC!

WHERE TO GO

There is a directory of local physicians that are part of the insurance plan that is available at the ISAS office. However, you may go to any doctor you wish to visit. **PLEASE IDENTIFY YOURSELF AS AN INTERNATIONAL STUDENT FROM DVC.**

John Muir Referral Service would be another service to find a doctor's office near your stay in California, which the insurance covers.

Telephone: 925-798-5858

What you need: - Insurance information

- Who you are, and place you are calling from

If you have any special medical needs during your stay at DVC, please notify the coordinator before your arrival. Also, if you are currently taking any prescription medications or wear contact lenses or eyeglasses, you should bring a copy of your prescription with you to the U.S. in case you need to have it refilled while you are here.

PUBLIC TRANSPORTATION TO DVC

BART

Subway to and from San Francisco and parts of the Bay Area
Runs every day with fewer trains over the weekends
It is a safe and fast way to get to San Francisco in 45 minutes.

Hours of operation

Monday – Friday 4 am – Midnight

Saturday 6 am – Midnight

Sunday 8 am – Midnight

County Connection:

A bus system that runs in Contra Costa County
It runs every day except as noted on the schedule
The fare is \$1.50, if you want a transfer pass just ask the bus driver for it.

- Bus # 102 runs from Trotterway & BART in Walnut Creek to DVC
It takes 47 minutes from one end to the other
- Bus # 109 runs from Pleasant Hill Bart to DVC
It takes 26 minutes from one end to the other
- Bus # 110 runs from Clayton to DVC
It takes 53 minutes from one end to the other
- Bus # 118 runs from Concord Bart to DVC and Martinez
AMTRAK

Police Services

EMERGENCY SERVICES

Contact the Police Services Office with any questions or problem regarding security, first aid, fire, lost and found items, thefts, or other crimes. Telephone #: (925) 685-1230 Extension 2338/2339

EVENING ESCORT

Student and staff members are available to escort students to and from their classrooms and cars on the DVC campus after dark.

APPENDIX

AIRPORT SHUTTLES

NAME	TELEPHONE	PRICE	DESTINATION	HOURS
DIABLO VALLEY HOMESTAY Personal driver Airport pick-up Service	e-mail: info@diablovalleyhomestay.com	\$85 SFO airport per person \$85 Oakland airport per person	Any hotel or home in Concord or Pleasant Hill DVC area includes Walnut Creek	72 hour advance notice required
EAST BAY CONNECTION	(925) 609-1920 800-675-3278 FAX: 510-945-0839	SFO - \$41 Oak - \$33	Any hotel or home in Concord and Pleasant Hill	4:30 a.m. 11p.m. After 10 p.m. additional \$5 charge
A1 SHUTTLE SERVICE must make reservation 24 hours	(925)676-0565 (888) 698-2663	SFO \$40 OAK \$32	Any hotel or home in Concord and Pleasant Hill	After 10PM \$50
AA AIRPORT TRANSPORTATION	(925)933-6800 (800) 540-8294	SFO \$75 OAK \$65	Any hotel or home in Concord and Pleasant Hill	24 hours
Limousine Information www.limos.com		Various rates depending on vehicle requested	Any hotel or home in Concord or Pleasant Hill	24 hours Call 24 hours in advance

Be aware of the following problems that international and local travelers have experienced with Airport Vans.

1. Van drivers want to get a full van before they leave. Once they get you and your luggage into their van, you will be under the driver's control and stuck waiting for the van to leave.
2. They will have many other passengers to drop off before they reach your destination.
3. Be sure to agree to the rate before you enter the van. Be aware that a \$1 to \$2 tip is expected.

HOTELS AND MOTELS IN THE AREA

Hotels are listed by their distance from DVC.
DVC students arrive during peak occupancy times for hotels so it is recommended that you use a travel website to obtain the best prices possible.

Miles	Hotel Name, Address & Website	Phone # Fax #	Property
0.98	Holiday Inn 1050 Burnett Avenue Concord, CA 94520 Website: www.holidayinn.com	(925) 687-5500 (925) 363-5443	Hotel
1.27	Crowne Plaza Hotel 45 John Glenn Drive Concord, CA 94520 Website: www.crowneplaza.com	(925) 825-7700 (925) 674-9567	Hotel
1.75	Residence Inn by Marriott 700 Ellinwood Way Pleasant Hill, CA 94523 Website: www.marriott.com	(925) 689-1010 (925) 689-1098	Suites
1.84	Hilton Concord 1970 Diamond Blvd. Concord, CA 94520 Website: www.hilton.com	(925) 827-2000 (925) 827-2113	Hotel
2.05	Premier Inn – Concord 1581 Concord Avenue Concord, CA 94520 Website: www.premierinns.com	(925) 674-0888 (925) 798-8277	Hotel
2.22	Courtyard by Marriott 2250 Contra Costa Blvd. Pleasant Hill, CA 94523 Website: www.marriott.com	(925) 691-1444 (925) 691-0616	Hotel

2.29	Summerfield by Wyndham 2611 Contra Costa Blvd. Pleasant Hill, CA 94523	(925) 934-3343 (925) 934-5973	Hotel
	Website: www.hyattsummerfieldsuites.com		
3.07	Comfort Inn 1370 Monument Blvd. Concord, CA 94520	(925) 827-8998 (925) 798-3374	Hotel
	Website: www.comfortinn.com		
3.29	Extended Stay America 3220 Buskirk Avenue Pleasant Hill, CA 94523	(925) 945-6788 (925) 945-6864	Suites
	Website: www.extendedstayamerica.com		
4.57	Holiday Inn 2730 North Main Street Walnut Creek, CA 94597	(925) 932-0331 (925) 256-7672	Hotel
	Website: www.holidayinn.com		
4.68	Embassy Suite Hotel 1345 Treat Blvd. Walnut Creek, CA 94520	(925) 658-1100 (925) 256-7233	Suites
	Website: www.embassysuites.com		
4.74	Renaissance Club 2805 Jones Road Walnut Creek, CA 94520	(925) 938-8700 (925) 938-8707	Hotel
	Website: www.renaissanceclubsport.com		
4.81	Comfort Inn 1370 Monument Blvd. Concord, CA 94520	(925) 827-8998 (925) 798-7433	Hotel
	Website: www.comfortinn.com		
4.93	Best Western John Muir Inn 445 Muir Station Road Martinez, CA 94553	(925) 229-1010 (925) 228-4810	Hotel
	Website: www.bestwestern.com		

5.37 Best Western Heritage Inn (925) 686-4466 Hotel
4600 Clayton Road (925) 825-0581
Concord, CA 94521

Website: www.bestwestern.com

5.6 Royal Motel (925) 228-7471 Motel
3999 Alhambra Avenue (925) 228-1465
Martinez, CA 94553

Website: www.royalmotelmartinez.com

5.62 Marriott Walnut Creek (925) 934-2000 Hotel
2355 North Main Street (925) 934-6374
Walnut Creek, CA 94520

Website: www.marriott.com

7.32 Diablo Mountain Inn (925) 937-5050 Motel
2079 Mount Diablo Blvd. (925) 947-5431
Walnut Creek, CA 94596

Website: www.diablomountaininn.com

Airline Information

AIRLINES	TELEPHONE	ABBREVIATION
EVA Airline www.evaair.com	800/695-1188	BR
United Airlines www.united.com	800/241-6522	UA
Japan Airlines www.jal.com.jp	800/525-3663	JA
Delta Airlines www.delta.com	800/221-1212	DL
British Airways www.british-airways.com	800/247-9297	BA
Asiana www.asiana.co.kr	800/227-4262	OZ
Singapore Airlines www.singaporeair.com	800/742-3333	SQ
Southwest Airlines www.southwest.com	800/435-9792	WN

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