
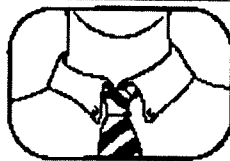





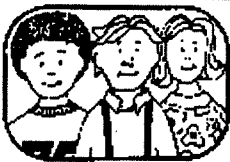


First Aid Steps for Convulsions/Seizures

(Convulsions, generalized tonic-clonic, grand mal)

Although most seizures end naturally without emergency treatment, a seizure in someone who does not have epilepsy could be a sign of serious illness. Call for medical assistance if:

- the seizure lasts more than 5 minutes;
- there is no "epilepsy/seizure disorder" I.D. present;
- there is slow recovery, a second seizure, or difficult breathing afterwards;
- the woman is pregnant or if there is medical I.D. indicating the presence of another medical condition; or
- there are any signs of injury.

	
Cushion Head	Loosen Necktie
	
Turn On Side	Nothing In Mouth
	
Look For ID	Don't Hold Down
	
As Seizure Ends	...Offer Help