When are classes offered?

Most courses are taught in the mornings and evenings at DVC’s kinesiology education facilities at the Pleasant Hill campus.

How long will it take to earn a degree or certificate?

Generally, students take one year to complete the certificate program and two years to earn an A.S. degree.

I’m interested. What should I do now?

For more information contact the program director, Michael Chisar, at mchisar@dvc.edu. 925-969-2763

or visit www.dvc.edu/programs

www.dvc.edu
ADMISSIONS OFFICE: 925-685-1310
COUNSELING OFFICE: 925-969-2140

Last updated: 4/5/17
Those who work in the field of athletic coaching enjoy a dynamic career and play an important role in society. Understanding the demand for coaches remains high. Labor market data for Contra Costa County supplied by EDD indicates nearly a 10 percent increase in coaching jobs through 2016. The Bureau of Labor Statistics (BLS) predicts a 32 percent increase in these positions throughout the state.

According to the BLS, coaches’ salaries in California vary, with the top percentiles earning in excess of $60,000 per year.

**What is the kinesiology – coaching program?**

Athletic coaches are not only leaders, but are also important role models to America’s youth. At Diablo Valley College, the kinesiology – coaching program is designed for students who are interested in obtaining a job as an athletic coach.

The program offers two options. Students can choose to earn a certificate or an associate in science degree. Both programs offer the same basic core courses, which prepare students for a career as an effective youth or secondary school coach. The A.S. degree program also includes the general education courses necessary to facilitate transfer to a four-year school.

Through both classroom and practical laboratory experiences, students explore the professional aspects of coaching by studying coaching theory, sports psychology, conditioning program development, exercise techniques and physical fitness testing, advanced first aid/CPR, and sports nutrition.

**What can I do with a certificate or A.S. degree in kinesiology – coaching?**

This program is designed for students who are interested in a career in coaching young people and offers two overlapping courses of study.

The certificate program is a 21 to 22-unit curriculum that prepares students for entry-level employment as a youth or high school coach.

The A.S. degree program is a 60-unit curriculum that prepares students to transfer to a four-year school and continue their training for a career as a teacher-coach at the high school or college level. The college and kinesiology department offer a large library of information about transfer schools.

**Why study kinesiology – coaching?**

Those who work in the field of athletic coaching enjoy a dynamic career and play an important role in society. Athletic coaches not only help young people achieve their personal and team athletic goals, but also provide a vital supporting role in their education and personal growth.

Students who earn a certificate of achievement in kinesiology – coaching are prepared for an entry-level position as a youth or high school coach.

Students who earn an associate degree at DVC are highly qualified to transfer and have a strong competitive advantage in the admissions process at an accredited four-year program.

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