WHAT ARE THE PROGRAM REQUIREMENTS?

Students must complete each course used to meet a major requirement with a "C" grade or higher. Some courses in the major satisfy both major and CSUGE/IGETC general education requirements; however, the units are only counted once toward the 60 unit requirement for an associate degree. Some variations in requirements may exist at certain four-year institutions; therefore, students who intend to transfer are advised to refer to the catalog of the prospective transfer institution and consult a counselor.

I'M INTERESTED. WHAT SHOULD I DO NOW?

For more information contact the

NUTRITION PROGRAM
Program Lead, Helen DeMarco
925-969-4250
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or visit www.dvc.edu/nutrition
or www.dvc.edu/programs

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The Health Sciences Department at Diablo Valley College offers an Associate of Science (AS-T) degree in Nutrition and Dietetics for students, who plan to transfer and complete a bachelor’s degree in a similar major at a CSU or UC campus. After completing a bachelor’s, students may choose to continue to complete other requirements and internship to become a registered dietitian. Students with degrees in nutrition find employment within a wide range of organizations, such as medical facilities, research labs, government agencies, universities, pharmaceutical companies, and the food industry. This degree is also an excellent preparation for students planning to continue training in medicine, public health and/or other allied health sciences. The program provides students with a basic knowledge in microbiology, human anatomy and physiology, chemistry and nutrition.

What are the program goals and objectives?

Students completing the program will be able to:

• Analyze data and critique information in the nutritional sciences.
• Identify nutrition-related chronic diseases by applying knowledge of nutrient functions, food sources and physiologic systems.
• Explain how genetics and life style factors affect nutritional and health status.
• Assess a diet for nutrient adequacy using a current computerized database.

What Can I Do With a Degree in Nutrition and Dietetics?

• Educate patients and administer medical nutrition therapy as part of a health-care team
• Manage food service operations
• Educate clients in sports nutrition and corporate wellness programs
• Work in communications, public relations, consumer affairs, product development and marketing
• Work in community and public health settings
• Teach in universities and medical centers
• Direct and conduct research to answer critical nutrition questions

“Our reason why should students want to make Nutrition & Dietetics their career pathway? Because they will be learn both the science and art of how to apply the principles of nutrition to health and wellness. This field is dynamic and growing with numerous career possibilities.”

-Helen DeMarco, Program Lead