

Addiction Studies

ADDICTION STUDIES – ADS

Diablo Valley College is approved by the California Board of Registered Nurses for continuing education credits. All ADS courses can be used. (Provider #CEP 7992).

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Possible career opportunities

Addiction studies students develop an in-depth understanding of the addiction process and how to motivate someone towards positive change. The addiction counseling certificate prepares students for a career as a substance abuse counselor, community services worker, or an addiction/prevention/intervention educator.

**Associate in science degree
Addiction counseling**

Students completing the program will be able to...

- A. compare and contrast the efficacy of various assessment tools, motivational strategies, and substance abuse treatment approaches.
- B. describe the importance of cultural competence and how it relates to becoming an effective addiction counselor.
- C. demonstrate basic listening skills.
- D. discuss the legal and ethical issues that workers may encounter in the addiction treatment field.
- E. explain how addiction affects family systems.
- F. compare and contrast various assessment tools, treatment plans and charting protocols.

The associate degree program in addiction counseling provides students with the academic preparation needed for employment in the addiction counseling field. Earning this degree may also facilitate the student’s transfer to a four-year college or university. Students who wish to transfer must consult with program faculty and college counselors to ensure that the requirements for transfer to appropriate institutions are met. To earn an associate in science degree, students must complete each course used to meet a major requirement with a “C” grade or higher. Certain courses may satisfy both a major and other general education requirements; however, the units are only counted once.

Upon completing this degree, a student may apply for any of the state recognized professional credentials offered by the following organizations: California Association of Alcoholism and Drug Abuse Counselors (CAADAC), California Association of Alcohol and Drug Educators (CAADE), and the California Association of Addiction Recovery Resources (CAARR). Each of these credentials has additional testing and/or field practicum hours required, but all of the educational coursework is completed when you finish the addiction counseling program at DVC.

<i>major requirements:</i>	<i>units</i>
ADS-102 Introduction to Motivational Interviewing Skills	3
ADS-151* Ethical and Legal Concerns for ADS Counselors	1.5
ADS-152 Relapse Prevention	3
ADS-154 Dual Disorders.....	3
ADS-168* Group Process and Leadership.....	3
ADS-170 Introduction to Codependency and Family Issues	3
ADS-171* ADS Field Work I	5.5
ADS-172* ADS Field Work II	5.5
PH-127 Drugs, Health, and Society	3
PH-137 Cultural Competence in Health and Social Service.....	3
total minimum units for the major	33.5

**The above courses have specific prerequisites. See course descriptions for details.*

**Associate in science degree
Addiction studies**

Students completing the program will be able to...

- A. compare and contrast the prevalence, impact, and cost of substance use, abuse, and dependence to the individual and society.
- B. identify the general terminology related to addiction and recovery.
- C. analyze common family patterns of behavior and the influence addiction has within the family system.
- D. describe ways addiction affects family systems.

The associate degree program in addiction studies provides students with a broad general education while integrating an in-depth exploration of the skills and knowledge to work with people who have addiction problems. This degree will contribute significantly to those who want to work in occupational fields such as social services, criminal justice, youth services, education, clergy, nursing, and human resources. Earning this degree may also facilitate the student’s transfer to a four-year college or university. Students who wish to transfer must consult with program faculty and college counselors to ensure that the requirements for transfer to appropriate institutions are met. Certain courses may satisfy both major and general education requirements; however, the units are only counted once. To earn an associate in science degree, students must complete each course used to meet a major requirement with a “C” grade or higher.

DIABLO VALLEY COLLEGE CATALOG 2022-2023

any updates to this document can be found in the addendum at www.dvc.edu/communication/catalog

Addiction studies

<i>major requirements:</i>	<i>units</i>
ADS-102 Introduction to Motivational Interviewing Skills	3
ADS-152 Relapse Prevention	3
ADS-154 Dual Disorders.....	3
ADS-170 Introduction to Codependency and Family Issues	3
PH-127 Drugs, Health, and Society	3
PH-137 Cultural Competence in Health and Social Service.....	3
total minimum units for the major	18

Certificate of achievement Addiction counseling

Students completing the program will be able to...

- A. compare and contrast the efficacy of various assessment tools, motivational strategies, and substance abuse treatment approaches.
- B. describe the importance of cultural competence and how it relates to becoming an effective addiction counselor.
- C. demonstrate basic listening skills.
- D. identify the legal and ethical issues that workers may encounter in the addiction treatment field.
- E. demonstrate an understanding of how addiction affects family systems.

The addiction counseling certificate provides students with the academic preparation needed for employment in the addiction counseling field. Upon completing this certificate, a student may apply for any of the state recognized professional credentials offered by the following organizations: California Association of Alcoholism and Drug Abuse Counselors (CAADAC), California Association of Alcohol and Drug Educators (CAADE), and the California Association of Addiction Recovery Resources (CAARR). Each of these certificates has additional testing and/or field practicum hours required, but all of the educational coursework is completed when you finish the addiction counseling certificate at DVC.

To earn a certificate of achievement, students must complete each course used to meet a certificate requirement with a "C" grade or higher. Required courses are primarily available in the evening and late afternoon. Although students may start during any term and progress at their own pace, completion of the certificate will take approximately four terms.

<i>required courses:</i>	<i>units</i>
ADS-102 Introduction to Motivational Interviewing Skills	3
ADS-151* Ethical and Legal Concerns for ADS Counselors	1.5
ADS-152 Relapse Prevention	3
ADS-154 Dual Disorders.....	3
ADS-168* Group Process and Leadership.....	3
ADS-170 Introduction to Codependency and Family Issues	3
ADS-171* ADS Field Work I	5.5
ADS-172* ADS Field Work II	5.5
PH-127 Drugs, Health, and Society	3
PH-137 Cultural Competence in Health and Social Service.....	3
total minimum required units	33.5

**The above courses have specific prerequisites. See course description for details.*

Certificate of achievement Addiction studies

Students completing the program will be able to...

- A. compare and contrast the prevalence, impact, and cost of substance use, abuse, and dependence to the individual and society.
- B. identify the general terminology related to addiction and recovery.
- C. analyze common family patterns of behavior and the influence addiction has within the family system.
- D. describe ways addiction affects family systems.

The addiction studies certificate is for students who want a specialized focus in addiction, treatment and recovery but are not preparing to become an addiction counselor. This certificate may be useful for teachers, human services personnel, or community service personnel who want to have a deeper understanding of the addiction process.

Important note: Once this certificate is completed, if you choose to continue in the addiction studies program, you may apply these units towards the more in-depth addiction counseling certificate. When a student has enough units to earn either certificate, they need to fill out an "application for a certificate" form during the term in which they will complete the units. This form must be picked up and turned in to the Admissions and Records Office. If the form is not filled out, a student will not receive the certificate from the college even if they have completed all the units.

To earn a certificate of achievement, students must complete each course used to meet a certificate requirement with a "C" grade or higher. Required courses are primarily available in the evening and late afternoon. Although students may start during any term and progress at their own pace, completion of the certificate requirements will take a minimum of two terms.

Addiction studies

<i>required courses:</i>	<i>units</i>
ADS-102 Introduction to Motivational Interviewing Skills	3
ADS-152 Relapse Prevention	3
ADS-154 Dual Disorders.....	3
ADS-170 Introduction to Codependency and Family Issues	3
PH-127 Drugs, Health, and Society.....	3
PH-137 Cultural Competence in Health and Social Service.....	3
total minimum required units	18

ADS-102 Introduction to Motivational Interviewing Skills

3 units SC

- 54 hours lecture per term
- *Advisory: College-level reading and writing are expected.*

This course presents an overview of basic communication skills, motivational interviewing techniques, and the theories of Change. Charting protocols and treatment planning techniques will also be covered. CSU

ADS-150 Topics in Addiction Studies

.3-4 units SC

- *Variable hours*

A supplemental course in addiction studies to provide a study of current concepts and problems in addiction studies and related subdivisions. Specific topics will be announced in the schedule of classes. CSU

ADS-151 Ethical and Legal Concerns for ADS Counselors

1.5 units SC

- 27 hours lecture per term
- *Prerequisite: ADS-102 (may be taken concurrently) and PH-127 or equivalents*
- *Advisory: College-level reading and writing are expected.*

This course is designed to familiarize students with the legal and ethical issues related to addiction counseling in the state of California. Reporting laws, requirements related to maintaining client confidentiality and boundaries, and recognizing the differing levels of legal and ethical obligations for licensed mental health practitioners and certified addiction counselors versus other voluntary recovery support providers will also be examined. CSU

ADS-152 Relapse Prevention

3 units SC

- 54 hours lecture per term
- *Advisory: College-level reading and writing are expected.*

This course provides an overview of the progressive and predictable warning signs of relapse in the addiction and recovery process. Skills and techniques used to develop a relapse prevention program will be covered. CSU

ADS-154 Dual Disorders

3 units SC

- 54 hours lecture per term
- *Advisory: College-level reading and writing are expected.*

This course presents an overview of the concepts and definitions related to co-occurring (dual) disorders, and the impact that co-occurring disorders have on addiction treatment and recovery. Emphasis will be placed on the various strategies that mental health and substance abuse professionals use to address co-occurring disorders with reference to the Diagnostic Statistical Manual of Mental Disorders (DSM). CSU

ADS-155 Diverse Communities and Social Services

3 units SC

- 54 hours lecture per term
- *Advisory: College-level reading and writing are expected.*

This course investigates the impact of health status, lifestyle and behavioral patterns, communication styles, socioeconomic status, personal prejudices, ethnic stereotyping, and cultural beliefs on individual and group access to social services. An evaluation of existing social services programs and effective strategies for cross- and inter-cultural work in social services, with particular emphasis on addiction prevention, intervention, and treatment services will be examined. CSU

ADS-168 Group Process and Leadership

3 units SC

- 54 hours lecture per term
- *Prerequisite: ADS-102 and PH-127 or equivalents*
- *Advisory: ADS-151 and 170 or equivalents*

This course explores the theories and practices of group process, group dynamics, and group facilitation. Administrative tasks related to group leadership responsibilities, facilitating various types of addiction groups, and the stages of cohesion are presented. Basic observation and communication skills needed for facilitating support groups for people with histories of substance abuse, co-dependence, and other addictive behaviors will be developed. CSU

ADS-170 Introduction to Codependency and Family Issues

3 units SC

- 54 hours lecture per term
- *Advisory: College-level reading and writing are expected. PH-127 or equivalent*

This course examines the biological, psychological, and sociological aspects of family systems, and the influence of addiction on the family. Close examination of family system variables, such as family structure, family roles, communication, and emotional bonding with a focus on how addiction impacts functional and dysfunctional patterns of behavior is provided. CSU

Addiction studies

ADS-171 ADS-Field Work I

5.5 units SC

- 54 hours lecture/135 hours laboratory per term
- Prerequisite: ADS-102, PH-127 or equivalents
- Advisory: College-level reading and writing are expected.
- Note: It is highly recommended that a student complete at least 10 units in the addiction studies program before entering this course.

Students will gain first-hand experience by working in community clinical settings that serve clients with various substance abuse problems. Emphasis is placed on the development of clinical competency through assisting in assessment, treatment planning, group facilitation, record-keeping, and general agency procedures. Students will have on-site supervision and then debrief their experiences with fellow students by sharing what they learned, as well challenges of providing substance abuse services in a community clinic setting. Additionally, students will explore possible locations for employment, learn interviewing skills, and develop an understanding of the necessary requirements for state and other professional certifications. CSU

ADS-172 ADS-Field Work II

5.5 units SC

- 54 hours lecture/135 hours laboratory per term
- Prerequisite: ADS-171 or equivalent
- Co-requisite: ADS-151 or equivalent (may be taken previously)

Students will continue to gain first-hand experience by working in community clinical settings that serve clients with various substance abuse problems to develop clinical competency by facilitating groups, utilizing case-management skills, and examining the clinical procedures related to addiction treatment. Students will have on-site supervision, and then debrief their experiences with fellow students by sharing what they learned, as well as the challenges of providing substance abuse services in a community clinic setting. Students will also prepare for state certification and employment by reviewing Technical Assistance Publication (TAP) 21 addiction counseling competency guidelines and refining interview skills. CSU

ADS-299 Student Instructional Assistant

.5-3 units SC

- Variable hours
- Note: Applications must be approved through the Instruction Office. Students must be supervised by a DVC instructor.

Students work as instructional assistants, lab assistants and research assistants in this department. The instructional assistants function as group discussion leaders, meet and assist students with problems and projects, or help instructors by setting up laboratory or demonstration apparatus. Students may not assist in course sections in which they are currently enrolled. CSU