

## KINESIOLOGY - ASSOCIATE IN SCIENCE DEGREE SAMPLE SEQUENCE MAP

*This form is designed to be used in partnership with academic counselors. Modifications may be necessary to meet your goals. Seek assistance from an academic counselor each semester to stay on track to completion of major/certificate. There are 3 General Education patterns available. Not all courses on the map are offered every term. Consult the Catalog and the Schedule of Classes for more details*

0 – 15 UNITS		Pre- or co-reqs	Credit	GE
<b>Semester 1</b>	Area IA: English Composition: <i>ENGL 122 – First-Year College Composition and Reading</i>	Placement	3	IA
	Area IC: Mathematics Comprehension: Recommend BUS 240, MATH 135 OR MATH 142	See Catalog	3-5	IC
	Area IV: Social and Behavioral Sciences: <i>Recommend PSYCH 101</i>		3	IV
	HSCI 230 – Advanced First Aid		3	
	KINES 210 – Introduction to Kinesiology		3	
		Total	15	

16 – 30 UNITS		Pre- or co-reqs	Credit	GE
<b>Semester 2</b>	Area IB: Communications and Analytical Thinking		3	IB
	KINES 240 – Principles of Optimizing Human Performance		3	
	KINES 246 – Sports and Exercise Psychology		3	
	KINES 242 - Exercise Techniques and Fitness Assessments		1	
	KINES 234 – Introduction to Sports Medicine and Athletic Training		3	
	KINES 248 – Sport and Society		3	
		Total	16	

31 – 45 UNITS		Pre- or co-reqs	Credit	GE
<b>Semester 3</b>	Area III : Arts and Humanities :		3	III
	Major Applicable Elective: NUTRI 120 OR NUTRI 160		3	
	Major Applicable Elective: Area of Emphasis	See Catalog		
	Degree Applicable Elective		.	
		Total	15	

46 – 60 UNITS		Pre- or co-reqs	Credit	GE
<b>Semester 3</b>	Area II: Natural Sciences: <i>3 Units Recommend from KNIES Catalog</i>		3	II
	Major Applicable Elective: Area of Emphasis	See Catalog		
	Degree Applicable Elective			
		Total	15	

**Program total: 60**

**Tentative Planned Course Offering:**

<u>FALL 2019</u>		<u>SPRING 2020</u>		<u>SUMMER</u> <u>2020</u>	<u>FALL 2020</u>		<u>SPRING 2021</u>	
KINES 100	KINES 239	KINES 100	KINES 240	KINES 210	KINES 100	KINES 239	KINES 100	KINES 240
KINES 210	KINES 240	KINES 210	KINES 242		KINES 210	KINES 240	KINES 210	KINES 242
KINES 220	KINES 242	KINES 222	KINES 250		KINES 220	KINES 242	KINES 222	KINES 250
KINES 222	KINES 248	KINES 230	KINES 254		KINES 222	KINES 248	KINES 230	KINES 254
KINES 223	KINES 252	KINES 232	KINES 255		KINES 223	KINES 254	KINES 232	KINES 255
KINES 230	KINES 254	KINES 234	KINES 257		KINES 230	KINES 255	KINES 234	KINES 257
KINES 232	KINES 255	KINES 235	KINES 265		KINES 232		KINES 235	KINES 265
KINES 234		KINES 236	KINES 266		KINES 234		KINES 236	KINES 266
KINES 236		KINES 237			KINES 236		KINES 237	
KINES 237		KINES 238			KINES 137		KINES 238	
KINES 238		KINES 239			KINES 238		KINES 239	