**Kinesiology Sports and Recreation Management Option AS**

**Program Learning Outcomes**
1. Compare and contrast career opportunities within the sports management and kinesiology sector.
2. Apply management and organizational techniques to the sports and recreation setting.
3. Design individual sports management programs.
4. Display an understanding of principles of kinesiology.
5. Utilize these disciplines in completing a transfer degree pathway.

**Entrance**

### Required Courses
- HSCI 230 Advanced First Aid / CPR
- KINES 242 Exercise Techniques and Fitness Assessments
- KINES 210 Introduction to Kinesiology
- KINES 246 Sport and Exercise Psychology
- KINES 234 Introduction to Sports Medicine and Athletic Training
- KINES 248 Sport and Society
- KINES 240 Principles of Optimizing Human Performance
- PSYCH 101 Introduction to Psychology

**Sport and Recreation Management Emphasis**

**Take all**
- KINES 220 Introduction to Sport and Recreation Management
- KINES 223 Practical Experience in Sport and Recreation Management I
- KINES 222 Practical Experience in Sport and Recreation Management II

**Take 3 units**
- NUTRI 120 Sports Nutrition
- NUTRI 160 Nutrition Science and Applications
- BUS 240 Business Statistics

**Take 3 units**
- MATH 142 Elementary Statistics / Probability
- MATH 135 College Algebra

**Take 2 units**
- KNACT 100A Beg Swimming 100B Int Swimming 136 Distance Track Training 160A Beg Badminton 160B Int Badminton
- KNACT 164A Beginning Golf 164B Intermediate Golf 166 Tennis
- KNACT 166A Beginning Tennis 170A Beg Basketball 170B Int Basketball 174A Beg Men’s Lacrosse 174B Int Men’s Lacrosse
- KNACT 195A Beg Plyometrics and Agility Training for Female Athletes 195B Int Plyometrics and Agility Training for Female Athletes 195C Adv Plyometrics and Agility Training for Female Athletes
- KINES 230 Overview of Sports Medicine and Fitness Professions
- BIOSC 101 Fundamentals of Biological Science
- BIOSC 102 Fundamentals of Biological Science with Lab
- BIOSC 116 Human Biology
- BIOSC 139 Human Anatomy
- BIOSC 140 Human Physiology
- KINES 220 Introduction to Sport and Recreation Management

**Recommended Additional Courses—Not Part of Degree**
- BIOSC 140 Human Physiology

### Exit

- **Careers in**
  - Sports and recreation management

Complete 60 degree applicable units along with completion of all required general education requirements. It is highly recommended that you see a counselor for specific courses that will best meet your educational plan/goals. Not all courses on the map are offered every term. Consult the Catalog and the Schedule of Classes for more details.

For information about transferring, see: https://www.dvc.edu/enrollment/transfer/index.html
For information on careers in this field see: https://www.dvc.edu/enrollment/career-employment/index.html

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