

This sheet is intended as a tool for students that are exploring and/or testing out their major options. If you know what major you want to focus on, the classes you choose should be in line with your certificate/degree/transfer goals and you should choose your courses in consultation with a counselor.

Recommended First Semester

**Social Science**

“I am interested in understanding people and their societies.”

**Select 1 English Course**

**Suggested English Courses**

- ENGL 122\*- First-Year College Composition and Reading (Support Course ENGL 120)  
or
- ENGL 122A\* - First-Year College English for Multilingual Students (Support Course ENGL 120A)

**Select 1 Math Course**

**Suggested Math Courses**

- Math 142\* - Elementary Statistics with Probability (Support Course MATH 042)

**Select 1 Meta-Major Course**

**Culture, People and Society**

- ADJUS 120\* - Introduction to the Administration of Justice
- ADS 170 - Introduction to Codependency and Family Issues
- ANTHR 130\* - Cultural Anthropology
- ECE 124\* - Child Development and Psychology
- ECON 101\* - Economics of Public Issues
- HIST 120\* - History of the United States before 1865
- HUMAN 105\* - Introduction to Humanities: Arts and Ideas
- PHILO 120\* - Introduction to Philosophy
- POLSC 120\* - Introduction to Politics
- PSYCH 101\* - Introduction to Psychology
- SOCIO 120\* - Introduction to Sociology

**Politics**

- ADJUS 120\* - Introduction to the Administration of Justice
- ECON 101\* - Economics of Public Issues
- HIST 120\* - History of the United States before 1865
- POLSC 120\* - Introduction to Politics

**Education**

- ECE 124\* - Child Development and Psychology
- EDUC 120 - Introduction to Teaching in Elementary Schools
- SPEDU 101- Introduction to Disabilities

\*IGETC approved course