

Express Menu

2/26/2018

- Breakfast:
 - Omelet Station
 - Scrambled eggs, scrambled eggs w/ cheddar cheese
 - Bacon, chicken apple sausage, pork sausage patty
 - Sweet potato puffs
 - Waffles
 - Special: poached eggs florentine
 - Breakfast parfait, muesli with fresh fruit
 - Breakfast Burritos- bacon- sausage-roasted vegetables
- Lunch:
 - Entrées:
 - Beef pot roast
 - Grilled chicken w/yougurt sauce
 - Battered cod w/ remoulade
 - Sides:
 - Roasted butternut squash
 - Brussels sprouts w/walnuts
 - French fries/baked sweet potato fries
 - Soup:
 - Lobster bisque
 - Salad:
 - Quinoa salad
 - Reuben w/ house made sauerkraut
 - Fruit salad
 - Sandwiches:
 - Turkey
 - Ham
 - Roast Beef
 - Vegetarian

*Varies

2/27/2018

- Breakfast:
 - Omelet Station
 - Scrambled eggs, scrambled eggs w/ tomato & avocado
 - Bacon, chicken apple sausage, pork sausage patty
 - Hash browns , sweet potatoes puffs
 - Buttermilk pancakes
 - Vegetable frittata
 - Croissant breakfast sandwich
 - Breakfast parfait, Muesli with fresh fruit
 - Breakfast burritos- bacon-sausage & roasted vegetables
- Lunch:
 - Entrées:
 - Korean pork tenderloin (Kalbi style)
 - Thai curry chicken
 - Pad thai with shrimp
 - Sides:
 - Mixed vegetables w/green curry
 - Roasted asparagus
 - Steamed rice
 - Roasted sweet potatoes
 - Soup:
 - Butternut squash soup
 - Salad
 - Fennel salad w/citrus
 - Fruit salad
 - Sandwiches:
 - Turkey
 - Ham
 - Roast Beef
 - Vegetarian

*Varies

2/28/2018

- Breakfast:
 - Omelet Station
 - Scrambled eggs, scrambled eggs w/chorizo
 - Huevos rancheros
 - French toast
 - Bacon, chicken apple sausage, pork sausage patty
 - Sweet potatoes puffs, potato pancakes
 - Breakfast parfait
 - Muesli with fresh fruit
 - Breakfast Burritos-bacon- sausage & roasted vegetables
- Lunch:
 - Entrées:
 - Brisket w/horseradish sauce
 - Stuffed roast chicken w/jus
 - Basa Florentine w/taragon bechamel
 - Sides:
 - Roasted spring vegetables
 - Broccoli with sautéed shallots
 - Au gratin potatoes
 - Brown rice pilaf
 - Soup:
 - Chicken noodle soup
 - Salad:
 - Pasta salad with seasonal vegetables
 - Fruit salad
 - Sandwiches:
 - Turkey
 - Ham
 - Roast Beef
 - Vegetarian

*Varies

3/1/2018

- Breakfast:
 - Omelet Station
 - Scrambled eggs, scrambled eggs w/with bacon & tomato
 - Bacon, chicken apple sausage, Pork sausage patty
 - Sweet potatoes, home fried potatoes
 - Blueberry pancakes
 - Special: grits with poached egg
 - English muffin breakfast sandwich
 - Breakfast parfait, muesli with fresh fruit
 - Breakfast Burrito- bacon- sausage & roasted vegetables
- Lunch:
 - Entrées:
 - Beef paprikash
 - Brined pork loin w/dates & gorgonzola
 - Salmon (court boillion)
 - Sides:
 - Broccoli rabe
 - Zucchini sauté provencal
 - Mashed potatoes
 - Farrotto w/pecorino cheese
 - Soup:
 - Clam chowder
 - Salad:
 - Lentil salad
 - Crudites with dip
 - Fruit salad
 - Sandwiches:
 - Turkey
 - Ham
 - Roast Beef
 - Vegetarian

*Varies