

DVC FALL 2020

# *Coping During Covid: Wellness Group Counseling*

Virtual counseling groups  
offered weekly throughout the  
Fall semester

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**Mondays, 1:00-2:00 pm**

Register here: <https://tinyurl.com/y39e4ln6>

**Wednesdays, 11:30am-12:30pm**

To Register: Enter Zoom Mtg. 956 2625 8357

**Stress Management and Self Care Group**

**Fridays, 9:30-10:30 a.m.**

Register here: <https://tinyurl.com/y6d45ped>

*Join us!*



Alex Baker



Christie Harrington

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## **DROP-IN INDIVIDUAL COUNSELING**

Confidential counseling for  
support and resources

**Tuesdays 2:00-3:00 p.m.**

<https://tinyurl.com/y3cutnno>